# Lessons for Successful Subintimal Angioplasty in SFA CTO

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## **CTOs in the Periphery**

- Presence of Total Occlusion 20-40%
- Often very old Difficult to Treat
  - Time intensive without incremental reimbursement
  - Significant contrast and radiation exposure
  - Complications
    - Dissection, Perforation, Embolization.
  - Historical Success rate <70%</li>
- Late events Restenosis, Reocclusion
- Risk Benefit
- Most common reason to send to surgery

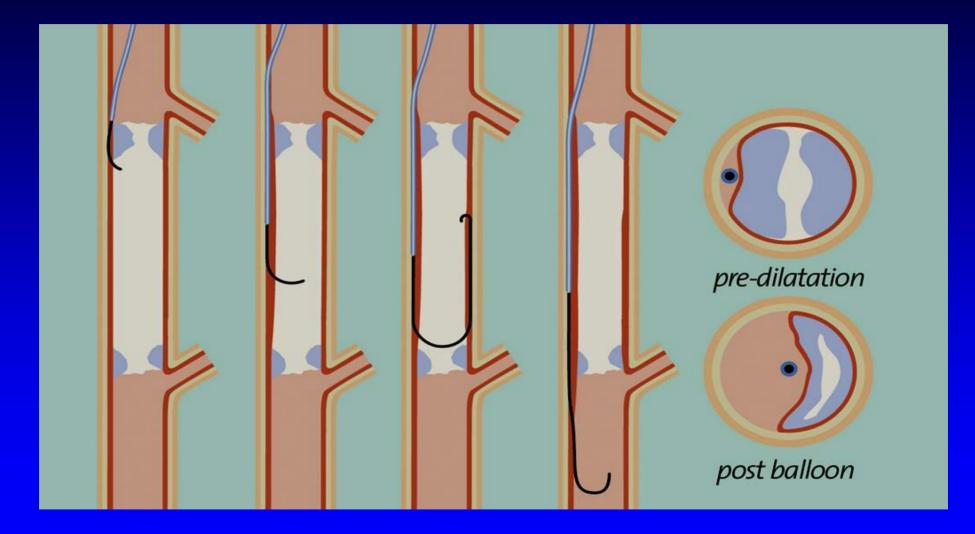
## **Long SFA Occlusions**



CHALLENGES OF THE INTRALUMINAL APPROACH:

- Penetration of CTO fibrous cap
- Presence of collaterals
- Lack of Guidewire tip maneuverability
- Tough, calcified lesions
- Subintimal trapping of the guidewire
- Difficulty regaining access to the true lumen

#### **Subintimal Angioplasty**



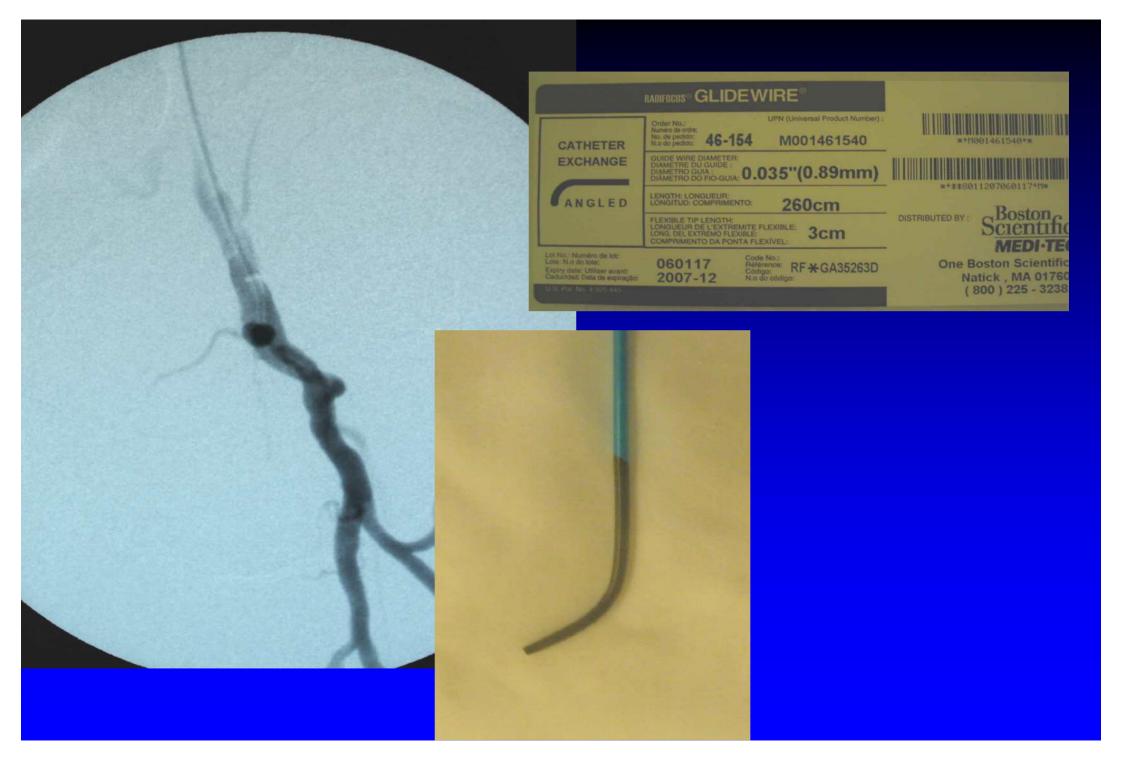
#### **Subintimal Angioplasty**

#### **Advantages**

- Relatively quick
- Relatively simple
- Does not require expensive equipment (just a catheter and hydrophilic guidewire)
- Reasonable success rates

#### **Disadvantages**

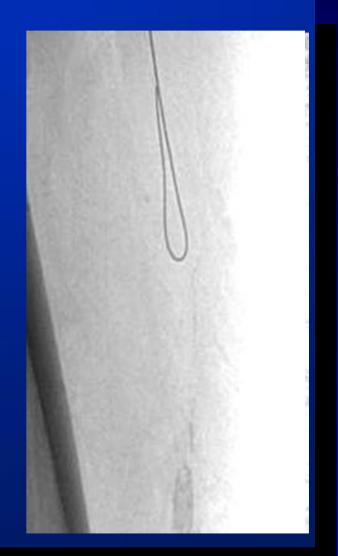
- Difficult reentry in calcified or diffusely diseased arteries
- May extend dissection beyond end of occlusion and lengthen treatment segment
- May occlude collatorals



## The Steps of Subintimal Angioplasty

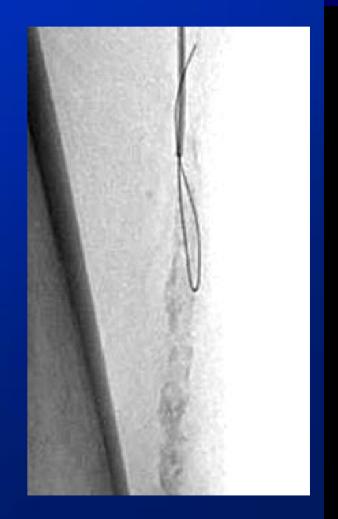
- Place tip of sheath close to origin of occlusion and near proximal collateral
- Point catheter at the plaque/wall interface, pointing opposite the largest collateral or side branch
- Probe with Glidewire tip will catch but loop will form
- Advance loop

Bolia, Bell Clin Radiol, 1989: 40, 325 Lipsitz, JVS 37(2), 2003, pp 386-391



#### The Steps of Subintimal Angioplasty

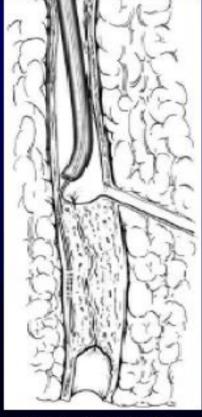
- Smooth dissection plane
- Advance catheter once loop fully formed (don't want loop too wide)
- Once catheter support is advanced, advance the wire again



#### The Steps of Subintimal Angioplasty

- Contrast administered through sheath will show distal reconstitution
- Successful re-entry in 75-87% typical tactile sensation as guidewire passes into true lumen
- Balloon angioplasty of entire occlusion length – stent for suboptimal result
- If guidewire does not reenter, do not extend dissection plane more distally

#### **Subintimal Angioplasty**

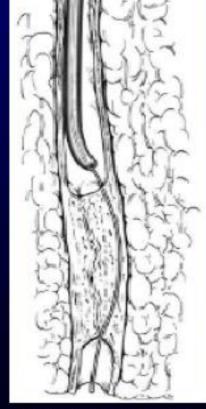


Guidewire entry into subintimal space



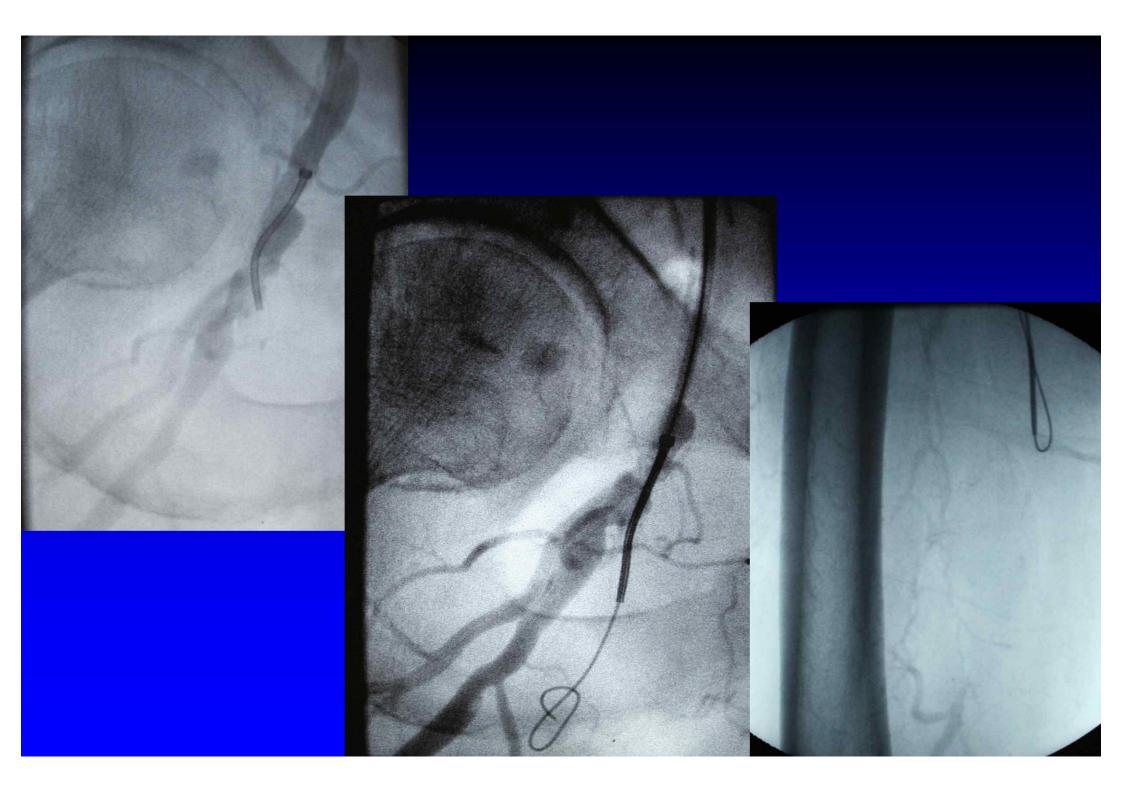
Balloon stabilization for guidewire entry into subintimal space

Typical loop that develops when guidewire is passed into subintimal space



Re-entry into the true lumen at the distal portion of lesion

Nadal, L.L., et. al., Techniques in Vascular and Interventional Radiology, 2004; (7):16-22.

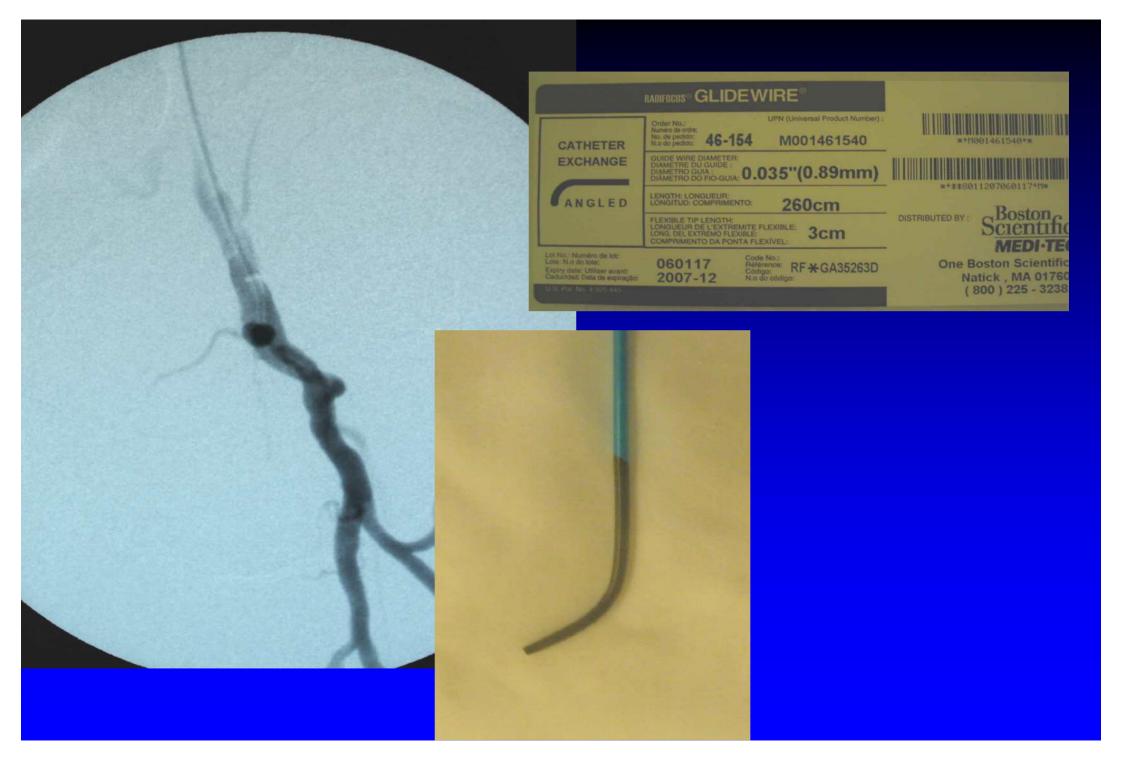






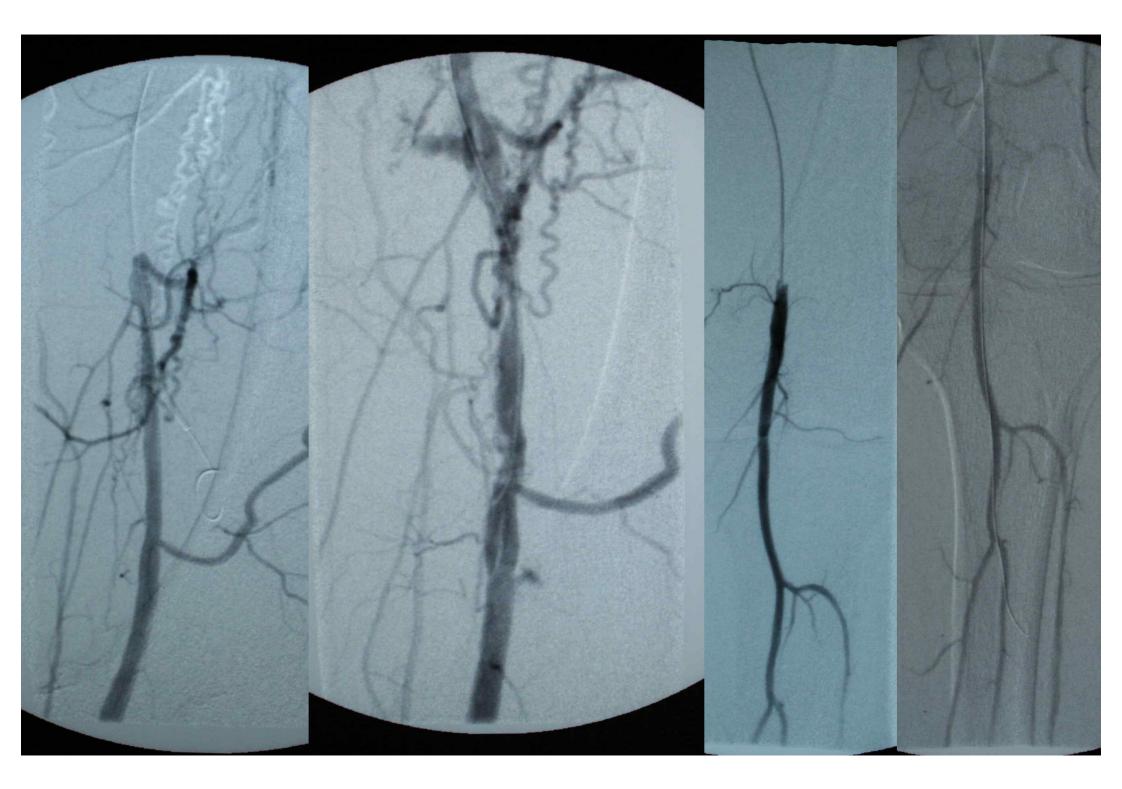


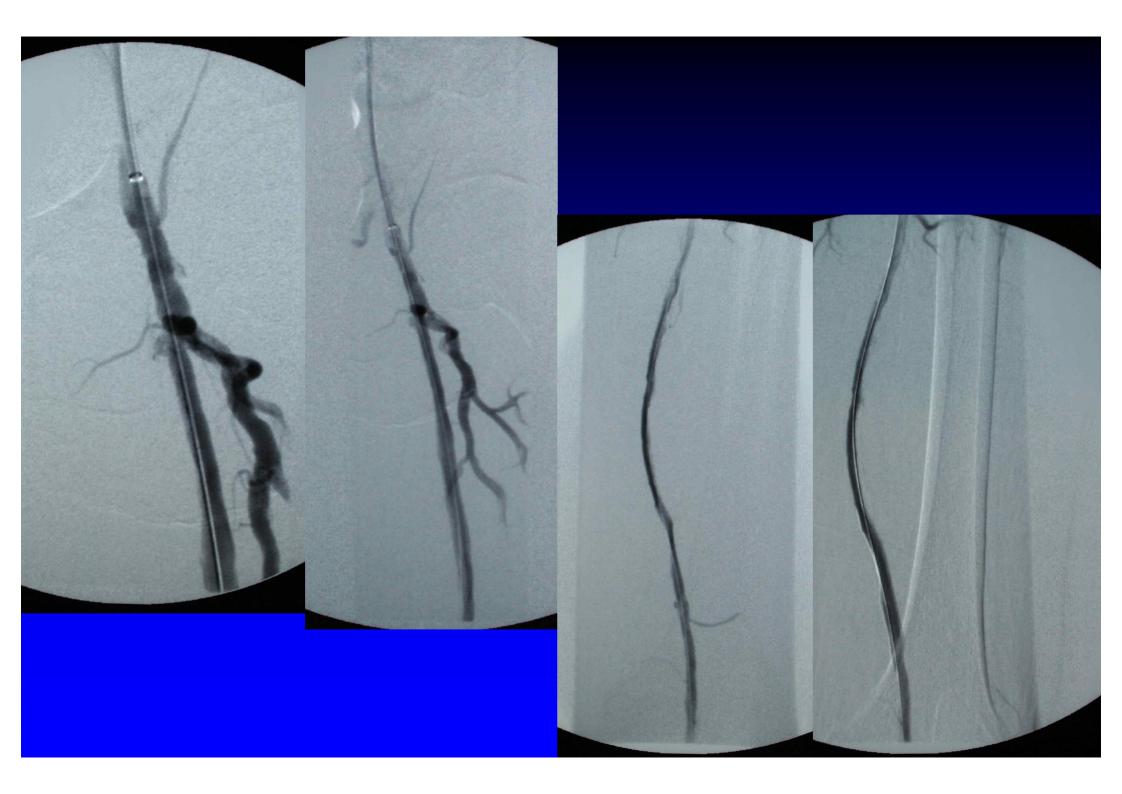






- Regular angled Terumo guidewire for most cases
- Stiff angled Terumo for more calcified vessels





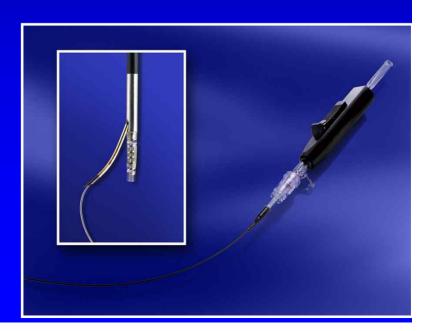
## **Difficult Reentry**

- Artery beyond occlusion diffusely diseased
- Heavy calcification
- Suboptimal dissection plane





## **Reentry Devices**

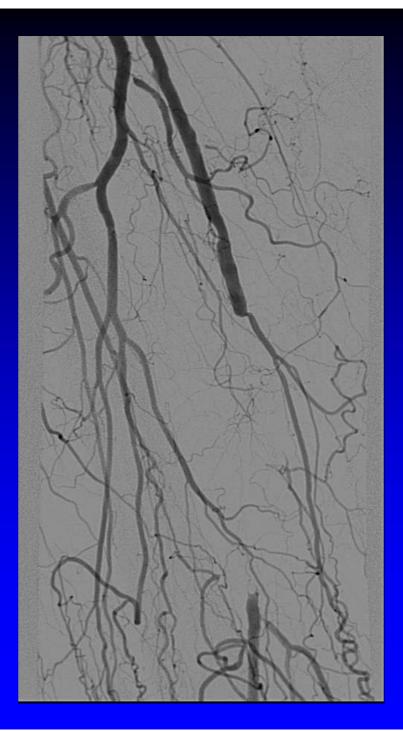


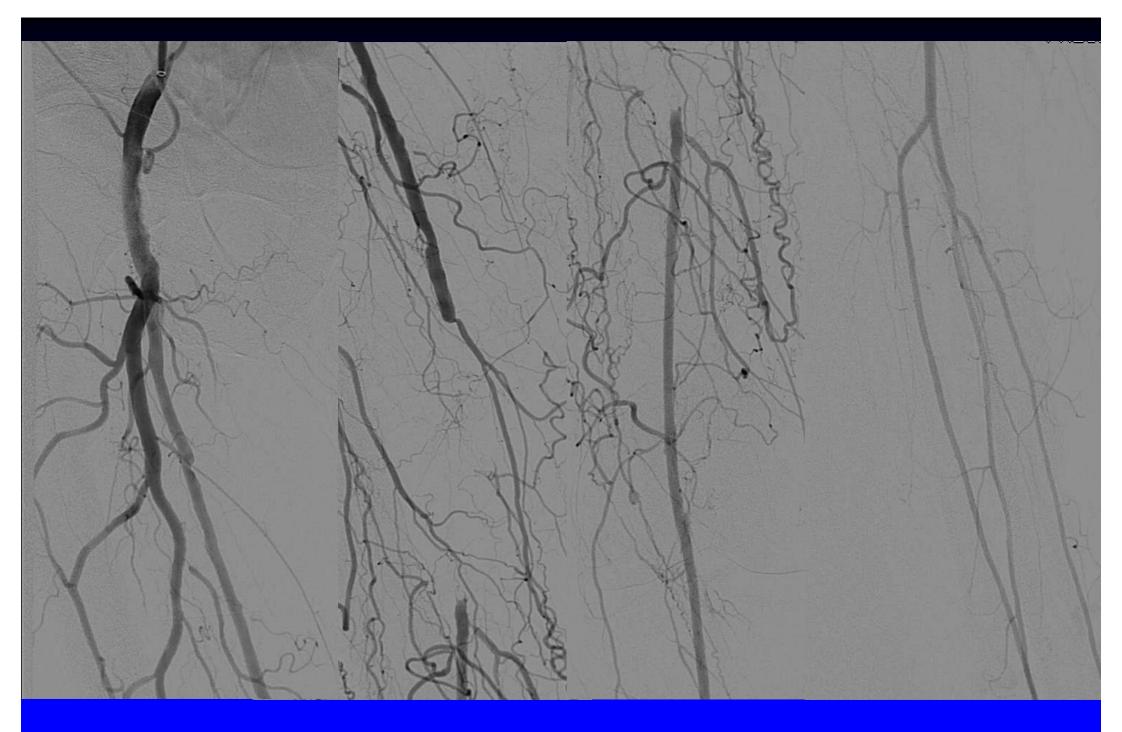
## **Outback Catheter**



#### **Case Presentation**

- 68 year old male
- Lifestyle limiting right calf claudication
- Right ABI = 0.7
- Right distal SFA occlusion



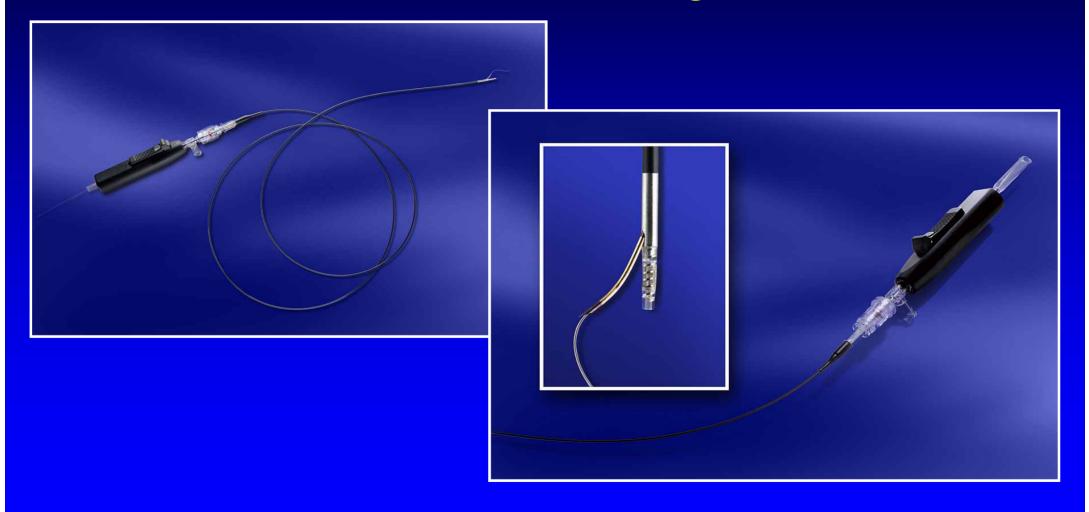


## Simple Case, Right?

- Lesion is actually quite calcified
- Guidewire goes subintimal and will not reenter true lumen
- What next?



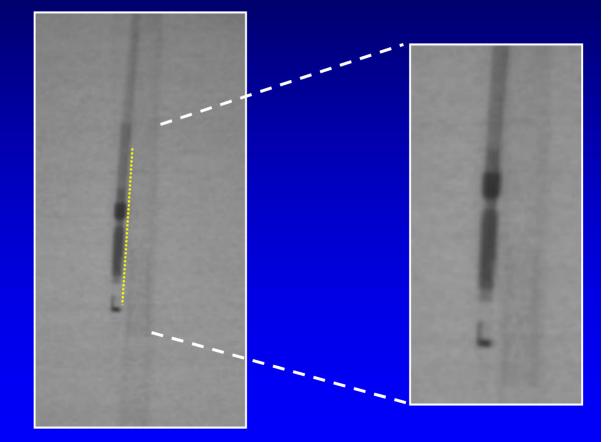
#### Controlled Re-entry Outback<sup>®</sup> LTD Re-Entry Catheter



#### **Outback® LTD Orientation Markers**

#### 'L' marker = Locate

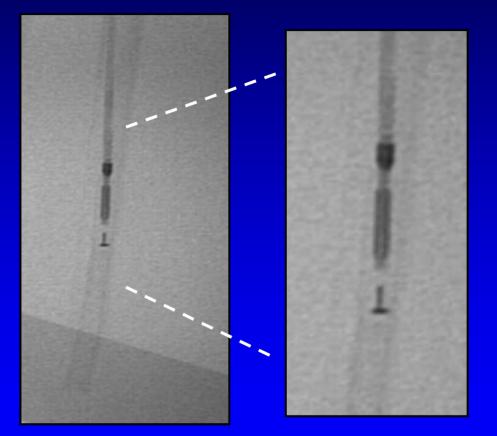
- Position image intensifier to show Outback adjacent to true lumen
- Point 'L' marker toward true lumen

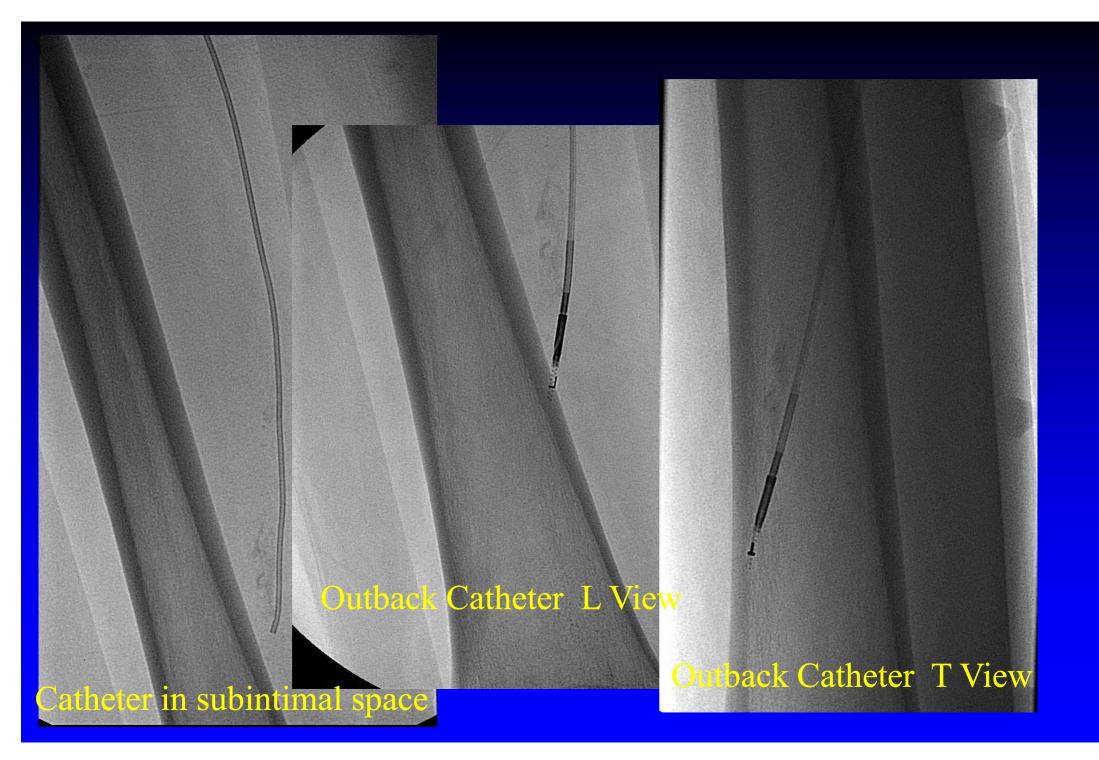


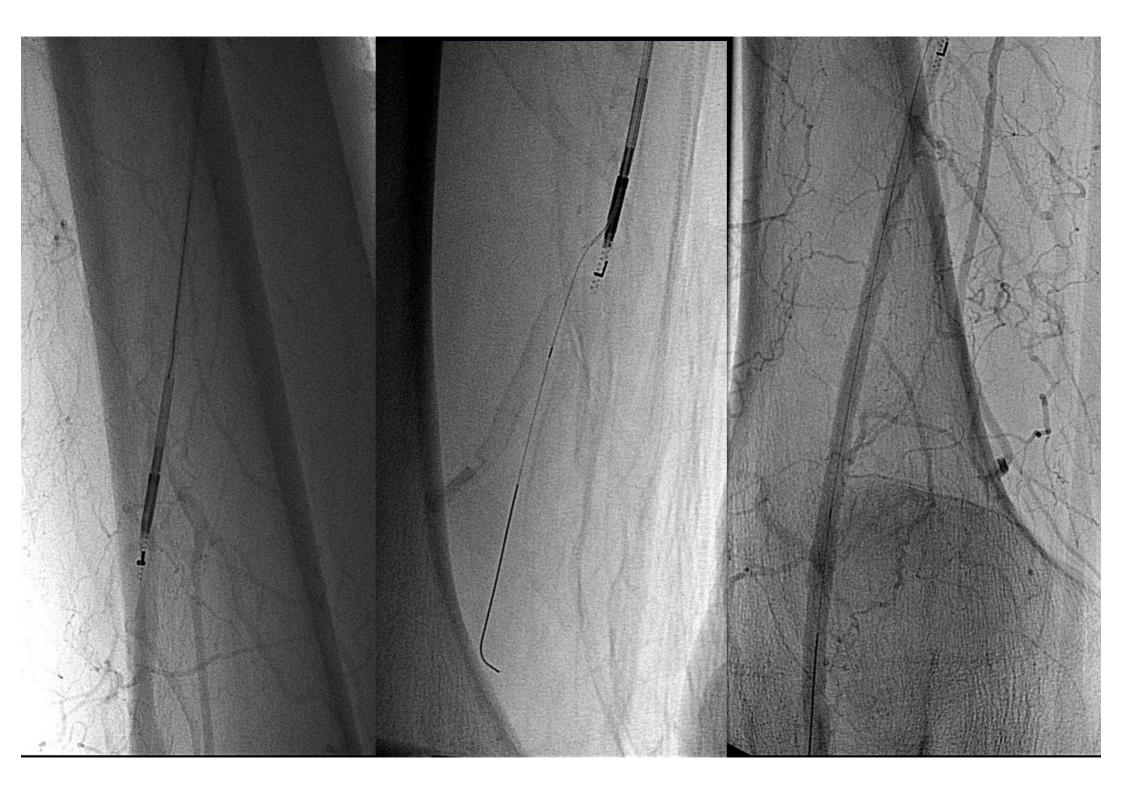
#### **Outback® LTD Orientation Markers**

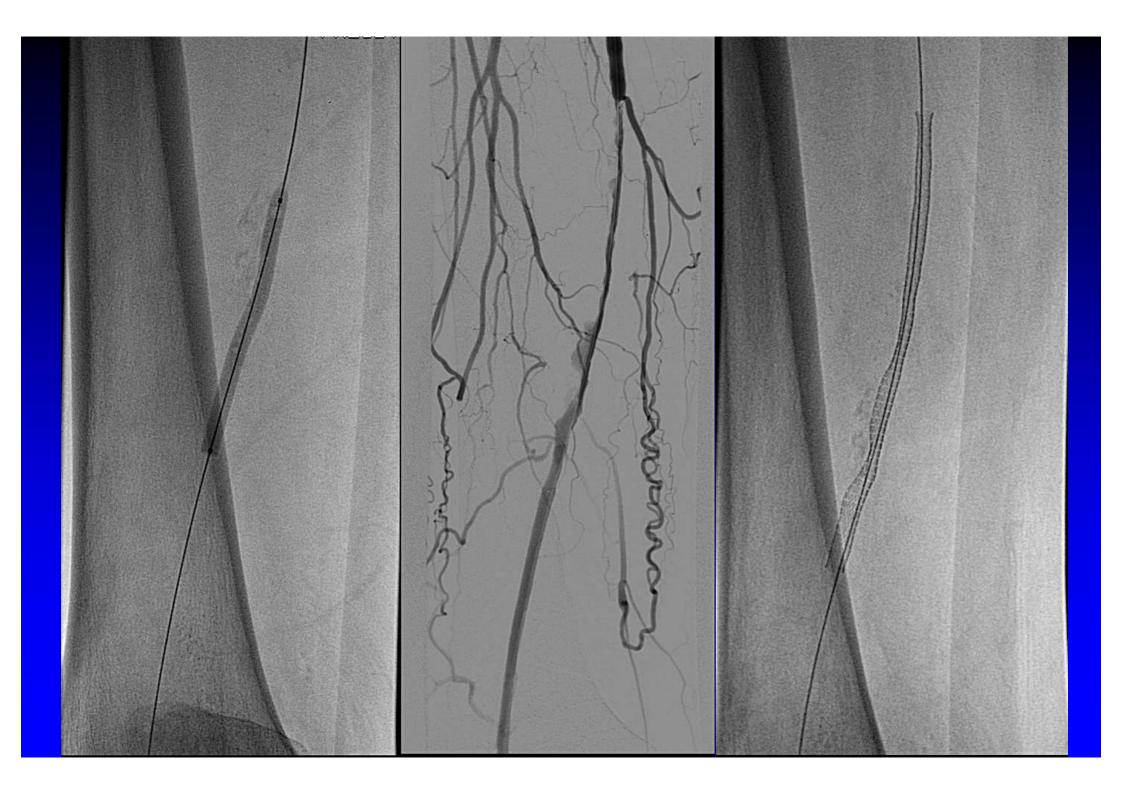
'T' marker = Tune

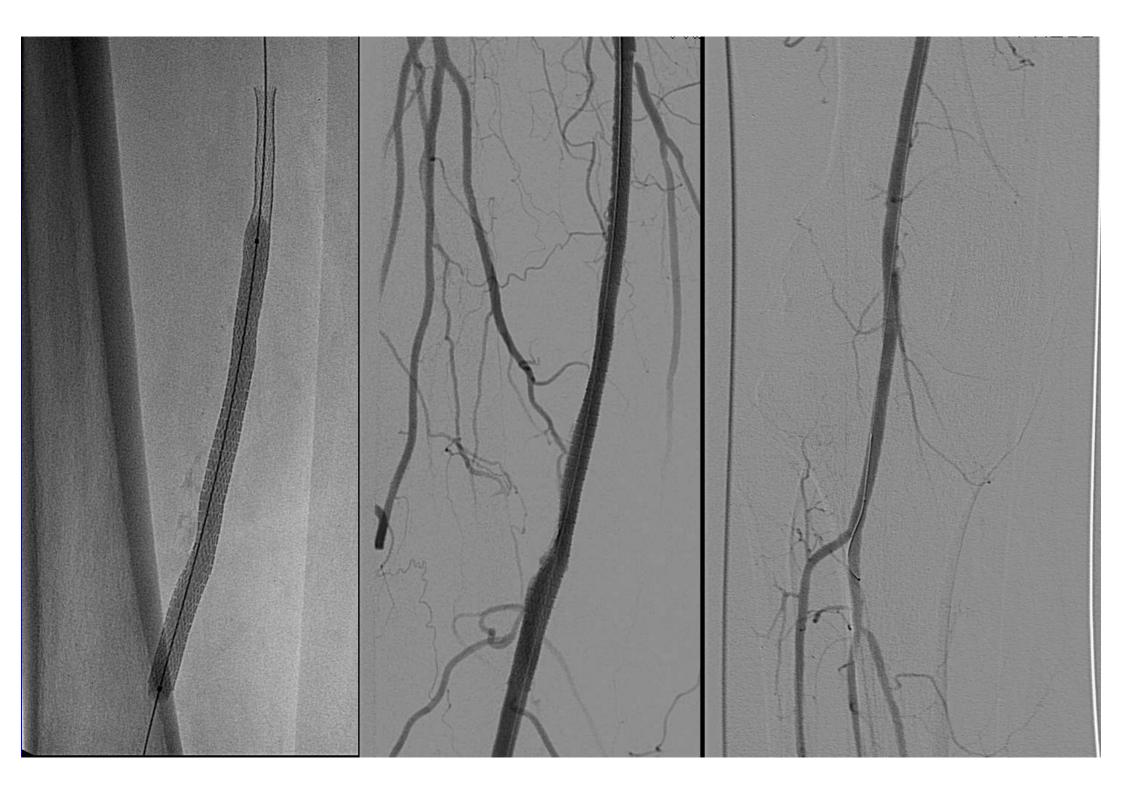
- Move image intensifier to orthogonal (90°) view.
  Assure Outback in 'in-line' with true lumen
- Fine tune Outback to display full 'T' ( ) marker











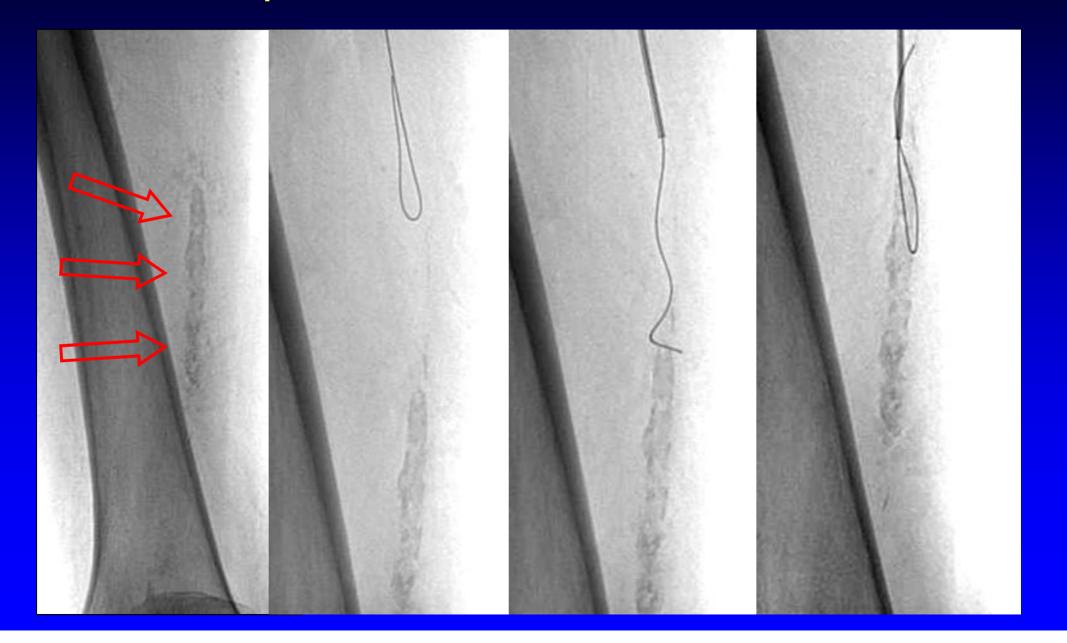
#### Long Occlusion of Right SFA







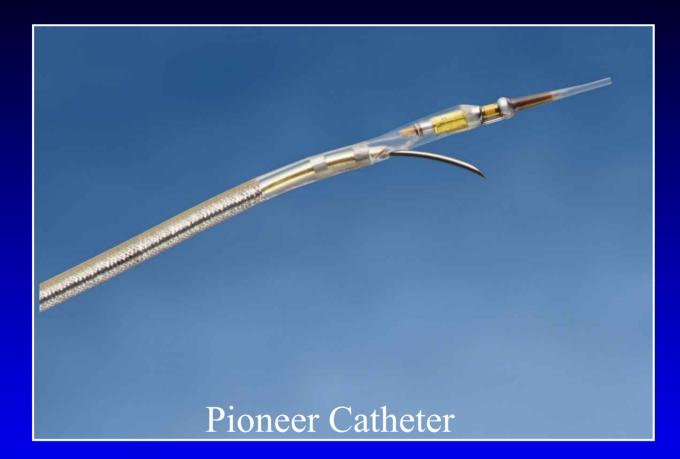
#### **Attempted Subintimal Recanalization**



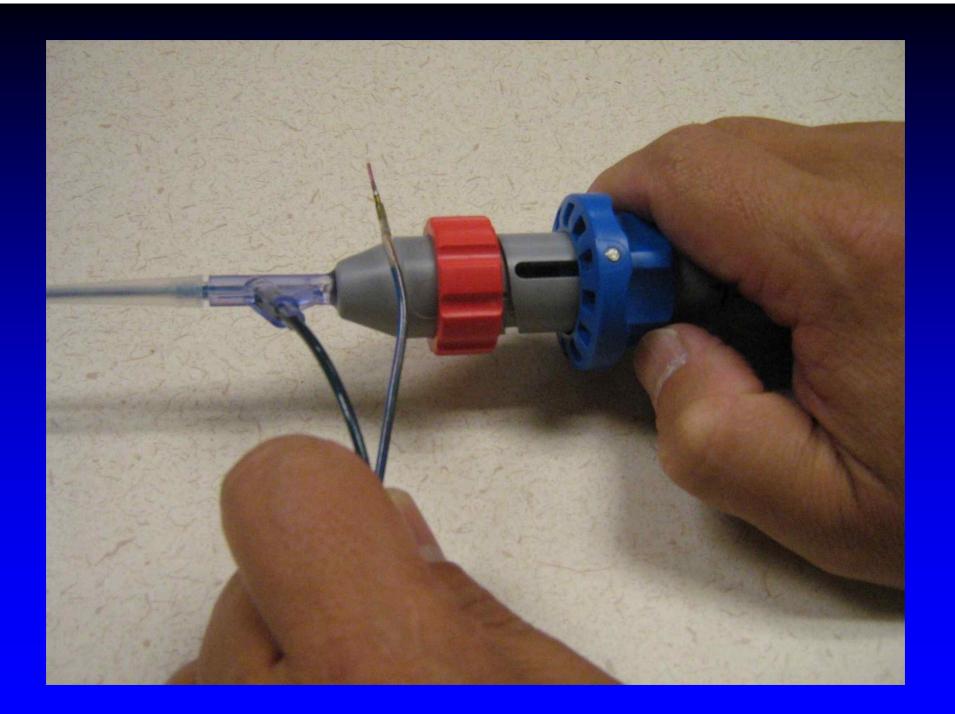
#### Subintimal Angioplasty



Major potential problem : Distal extension of the dissection with involvement of the first popliteal segment or below.



# Crossing Success > 95%



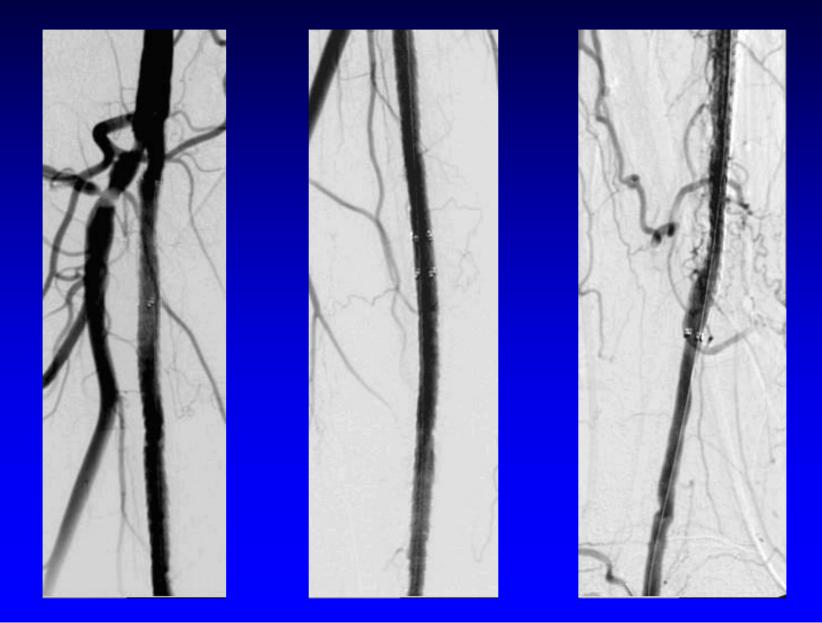
#### Recanalization with the Re-Entry-Catheter



#### Angioplasty of long SFA-Occlusions



#### **Following Stent Implantation**



#### **Reentry Devices**

#### Pioneer

- -6 Fr
- Two guidewires
- IVUS Guidance
- Set needle depth (3, 5, or 7 mm)
- Reimbursement available for IVUS

- Outback
  - -6 Fr
  - One guidewire
  - Fluoroscopic guidance
  - inexact needle depth
  - Reimbursement in Korea

#### Conclusions

- Subintimal recanalization is a quick, simple and inexpensive approach to SFA occlusion
- Effective in the majority of cases
- Re-entry devices address the most common reason for failure – inability to reenter the true lumen distal to the occlusion
- Should increase success rates for CTO crossing to close to 100%